

BREAKFAST
LUNCH

AUGUST 2022

WCHS-DSMS

Breakfast served 7:30-8:00 AM

Lunch served 10:50- 12:30 PM

ALL MENUS ARE SUBJECT TO CHANGE WITH OUT NOTICE

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

WELCOME BACK! WE MISSED YOU!

Breakfast – Sausage & Chicken Biscuit
Choice of: Fruit, Juice & Milk
8
SUB SANDWICH
CHIPS/ FRESH VEGTABLES
TOPPINGS BAR
APPLE

Breakfast-Waffles or Muffin
Choice of: Fruit, Juice & Milk
9
PIZZA
SIDE SALAD/ CORN
SLICED ORANGES

Breakfast – Sausage & Chicken Biscuit
Choice of: Fruit, Juice & Milk
10
CHICKEN SANDWICH
FRIES
TOPPINGS BAR
FRUIT CUP

Breakfast-BK Pizza or Cinnamon Bun
Choice of: Fruit, Juice & Milk
11
TACO BAR
CHIPS W/ SALSA
TOPPINGS BAR
PINEAPPLE TIDBITS

Breakfast-Pancakes or Muffin
Choice of: Fruit, Juice & Milk
12
CHEESEBUGER
FRIES
TOPPINGS BAR
FRUIT BAR

Breakfast – Sausage & Chicken Biscuit
Choice of: Fruit, Juice & Milk
15
CHILI CHRISPITOS
TOSSED SALAD/REFRIED BEANS
SOUR CREAM/ SALSA/CHEESE
FRUIT CUP

Breakfast-Waffles or Muffin
Choice of: Fruit, Juice & Milk
16
SPAGHETTI W/TOAST OR
CHEESEY GARLIC PULL-A-PART
SIDE SALAD / CORN
PINEAPPLES

Breakfast – Sausage & Chicken Biscuit
Choice of: Fruit, Juice & Milk
17
HOT DOG w CHILI
FRIES/ CORN ON COBB
GREEN PEAS & CARROTS
TOPPINGS BAR

Breakfast-BK Pizza or Cinnamon Bun
Choice of: Fruit, Juice & Milk
18
CHICKEN SANDWICH
STEAMED VEGTABLES
TOPPINGS BAR
SLICED ORANGES

Breakfast-Pancakes or Muffin
Choice of: Fruit, Juice & Milk
19
CHICKEN TENDERS
MASHED POTATOES
GREEN BEANS/ ROLL

Breakfast – Sausage & Chicken Biscuit
Choice of: Fruit, Juice & Milk
22
CHEESEY BREAD STICKS
DIPPING SAUCE
CORN/SIDE SALAD

Breakfast-Waffles or Muffin
Choice of: Fruit, Juice & Milk
23
CHICKEN BITES
MASHED POTATOES
GREEN BEANS/ ROLL
CARROTS/BANANA

Breakfast – Sausage & Chicken Biscuit
Choice of: Fruit, Juice & Milk
24
PIZZA
SIDE SALAD/ CORN
SLICED ORANGES

Breakfast-BK Pizza or Cinnamon Bun
Choice of: Fruit, Juice & Milk
25
BBQ W/ BUN
WEDGE POTATOES
BAKED BEANS
COLESLAW / PICKLES

Breakfast-Pancakes or Muffin
Choice of: Fruit, Juice & Milk
26
CHICKEN FAJITA
CHIPS W/ SALSA
TOPPINGS BAR
PINEAPPLE TIDBITS

Breakfast – Sausage & Chicken Biscuit
Choice of: Fruit, Juice & Milk
29
SUB SANDWICH
CHIPS/ FRESH VEGTABLES
TOPPINGS BAR

Breakfast-Waffles or Muffin
Choice of: Fruit, Juice & Milk
30
PIZZA
SIDE SALAD/ CORN
SLICED ORANGES

Breakfast – Sausage & Chicken Biscuit
Choice of: Fruit, Juice & Milk
31
CHICKEN SANDWICH
FRIES
TOPPINGS BAR
FRUIT CUP

FREE & REDUCED APPLICATIONS ARE ONLINE.
<https://www.winstonk12.org>
<https://www.myschoolapps.com>
Call if we can help you fill it out or you need a paper copy

Grab-N-Go Choices Each Day

Breakfast- Parfait – Choice of Cereal– Muffins, Cinnamon Bun, Yogurt, Poptarts, Rice Krispies

Lunch – PB&J Bag - Sub Sandwich Bag - Salad Box

Daily Choices of Fresh & Canned Fruits, FF Chocolate or LF White Milk

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com